



# Sustainable Expeditions 2009 Circumnavigation of Skye



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On Monday 3rd August 2009 Tom Pendrey and Sam Bonfield will start their attempt to paddle approximately 300 kilometres round the Isle of Skye in sea kayaks in as environmentally friendly a way as possible, finishing roughly 2 weeks later, starting and finishing in Uig, North Skye.

The plan is to paddle every second day (when the weather allows), and every other day will be spent hunting/gathering, meeting local producers and/or media, and practising various bush craft skills amongst other things. They'll be finding and catching as much food as possible, and buying or receiving gifts of local produce the rest of the time. They'll also be using a solar panel to charge a battery and in turn charge electrical equipment such as: digital camera; VHF radio; torches; mobile phones. Also listening to forecasts on a wind up radio.

**Why:** To promote more sustainable lifestyles. **How:** By using media coverage to raise awareness of sustainable and environmental issues. **When:** The plan is to depart from Uig (North Skye) on Monday 3<sup>rd</sup> August 2009, and return to Uig on Saturday 15<sup>th</sup> August...at least that's the plan!

For more information including an expedition blog, gallery, Youtube page, and trip schedule check out:

[www.sustainableexpeditions.org](http://www.sustainableexpeditions.org)

